



Barcroft News

October 2022

Vol 120, Issue 2

Arlington Treasure Hunt by Bike Leads to Great Food

Join Phoenix Bikes on October 28 through 30 for the Arlington Treasure Hunt—the bike ride, scavenger hunt and food tour combo that will lead riders on a delightful

round are ready to celebrate with you for this year's Treasure Hunt.

Guided by an online event site, riders will be led to each restaurant location to gather clues to win prizes, learn little known facts about local shops, and taste delicious treats along the way. The ride has been designed to be flexible and social distance friendly, so that it can be done alone or with family, over an after-



adventure around Arlington to discover some of our true community treasures: its locally owned eateries! Whether they cook up sizzling pupusas, dunk the most delicious donuts, or brew the best coffee in town, the local restaurants that keep you fueled all year

noon or throughout the weekend. It's all about having fun and celebrating local spots that make Arlington our vibrant hometown!

Register at <https://www.phoenixbikes.org/ath/> to join the most delicious event of the fall! •

Next Meeting:

Thursday, October 6, 7:30 p.m., On Zoom

Topic: To be Announced on List Serve



Send an email to zoom@bscl.org to request an invitation to the meeting.



Barcroft News

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President's Message

By Matthew Field

Since this is the October newsletter, it must be Fall. Time for pumpkin spice, pumpkin spice jokes, and jokes about pumpkin spice jokes. And far be it from me to get in the way of anyone who enjoys any of the three. But I want to take this moment to contemplate the season that really makes this area what it is: summer. Heat, humidity, mosquitos, and complaining about heat, humidity, and mosquitos. Anyone can enjoy Fall; it's the shared suffering of an Arlington summer that makes a community. Even if you deal with our summers sensibly by going somewhere else, the understanding of what those left behind have been through brings us all together again.

Okay, I'll confess. The heat doesn't really bother me, especially now that "going to work" doesn't mean actually going to work as much, and therefore doesn't mean dressing for work in clothes that are completely inappropriate for our weather. Truthfully, I love our summers. In fact, I'm wary of Fall, as the chilly nights signal the need for long pants and, before long, hats, jackets, and gloves, and well, where are you even supposed to put all those things in a little Barcroft bungalow?

But that is community too— understanding that we all have different needs and preferences, and working to

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Barcroft Elementary Update

By Kelly Miller, Barcroft Elementary PTA

The Eagles have eased into school life and are busy learning and having fun. October brings falling leaves and lots of holidays for the Eagles. They will celebrate Yom Kippur, Indigenous People Day, and Diwali. Parent/Teacher conferences will allow parents to hear how wonderful their kids are and how fantastic the teachers are doing so far.

Don't forget Restaurant Night PTA fundraiser on October 18 at Lebanese Taver-

na. Get a break from cooking and raise money for Barcroft!

The Eagles will put on their best smiles and comb their crazy feathers for school pictures at the end of the month and then celebrate with an Outdoor Movie night on October 28. We look forward to seeing lots of families at this fun event. So much for our Eagles to look forward to this fall so check in next month to see how we soar! ●

Woman's Club Events

By Pat Fisher

The Woman's Club of Arlington invites Barcrofters to join their celebration of 90 years of belonging to the General Federation of Women's Clubs (GFWC), a National, Non-Profit Service Organization on Monday, October 3, at 12:30 p.m. at our clubhouse. There will be food, fellowship, and it is open to the community. The Woman's Club of Arlington is located at 700 South Buchanan Street.

RSVP to 703-237-9790 or womansclubarlington@gmail.com

Also, mark your calendar for Saturday, November 5, 9 a.m. to 5 p.m. for the annual Fall Craft Fair, featuring at least 20 vendors, food for sale, raffles, and silent auction items. This annual fund raiser helps pay a scholarship to a Wakefield High School graduate to attend a college in Virginia: \$2,500 for four years. Come join the festivities and do some shopping and support our many unique vendors. If you are interested in being a vendor, please contact Maryann Mayhood at maryannmayhood@gmail.com ●

President's Message, continued

Continued from page 2

accommodate and celebrate difference while endeavoring toward common goals. Drawing on our shared experiences, but learning from those who see things differently, and have seen different things.

Without the contrast of summer, the fall would be just another season. Whatever your preference, we're going to go through it together. And if you really want to build that community, come to the BSCL meeting on October 6. ●

New Teleconnect Space at Columbia Pike Library

The Teleconnect Space at the Columbia Pike Library is a free, private room you can reserve for your online healthcare appointments, job interviews, career counselor meetings, and social service appointments. The Teleconnect Space opened on August 23, 2022 and is available for use.

The room includes use of a PC equipped with web access to Zoom, Skype, and other video conferencing software. Library staff will be available to assist users in connecting at the time of their appointment. Free wi-fi is available for use

with cell phones, laptops and other personal devices. Limited staff assistance is available for help with personal devices.

The Teleconnect Space has frosted glass and a noise machine for privacy. •

Fall E-CARE at Wakefield

Arlington's next pop-up drop-off for household hazardous materials and old electronics is set for Saturday, October 8, 8:30 a.m. to 3 p.m. at Wakefield High School, 1325 South Dinwiddie Street.

Please note: Metal items and bicycle donations will not be accepted during this first-time use of Wakefield. Vehicles should access the drop-off routing from South Columbus Street at South George Mason Drive.

Speak with neighbors ahead of time, combine loads and save trips. Read the lists of materials that will be accepted and not accepted. Arlington residents only.

Of course you don't need to wait for E-CARE to rid a home of aging goop and deceased clock radios. The County offers safe, easy drop-off and even curbside options for proper disposal year-round.

- Household hazardous materials (i.e. paint, motor oil, pesticides):
- Metal and Appliances
- Fluorescent Lights including CFLs
- Electronics
- Batteries •



Barcroft Community House

Yoga and Stretch Class

Wednesday - 6:30 to 7:45 pm, Oct 5 to Dec 21

Yoga for Osteoporosis – Bone Building

Tuesday - 4 - 5:15, Oct 11 to Nov 8

Info@EDYoga.com or 703-975-3816
for more details and to enroll

Enjoy the Outdoors Without Fear of Ticks

From the Master Gardeners of Northern Virginia

With the weather starting to cool off, now is a good time to get out and enjoy nature. Ticks will still be active but there are easy ways to protect yourself, your children, and pets.

Wear long sleeves and pants, with pant legs tucked into socks (lighter clothing will make it easier to see any ticks), and use bug repellent – 25 to 30 percent DEET, 20 percent Picaridin, oil of Eucalyptus, or IR-3535 (Merck 3535).

Walk in the center of paths to avoid tall grass and vegetation where ticks like to

hide waiting for their next meal.

Check yourself, your children and pets for ticks every few hours or when coming in after being out in potentially tick-infested areas. Removing ticks within a few hours of attachment will sharply reduce the potential of disease transmission.

Putting your clothes in a hot dryer for 20 minutes will kill any ticks on them.

Consult with your vet on appropriate tick prevention for pets.

Spraying of pesticides is ineffective against ticks, which reside in the leaf litter, but will harm pollinators and other beneficial insects. •



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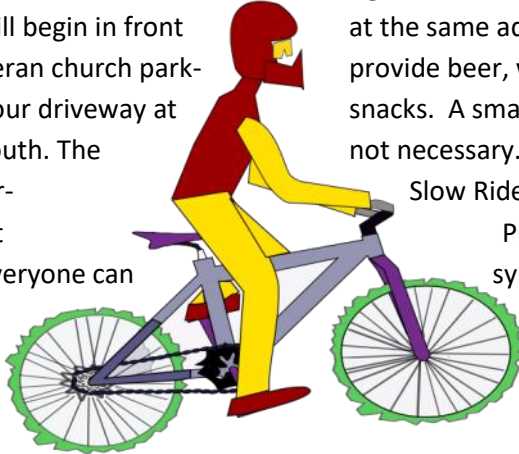
Equal Housing Opportunity

Next South Arlington Slow Rides and Happy Hour is Planned

By Bayley Vanderpoel

The next South Arlington Slow Ride and Happy Hour is Saturday November 12 at 4 p.m.

The ride will begin in front of Our Savior Lutheran church parking lot and end at our driveway at 4307 9th Street, South. The route is to be determined. Rides are at a slow pace that everyone can keep up with, and typically conclude within 30 to 45 minutes.



We'll leave at 4:10.

Can't make the ride but interested in the happy hour? The happy hour will begin right after the ride concludes or about 5 p.m. at the same address above. My family will provide beer, wine, nonalcoholic drinks, and snacks. A small donation is appreciated but not necessary. Please join the South Arlington Slow Riders Facebook group.

Please stay home if you have any symptoms of illness (Covid or not!) including fever, cough, runny nose, or congestion. ●

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Neighbor to Neighbor Listings

These listings are free to BSCL members, and run on a space-available basis. The listings run for three issues unless removal, renewal or update is requested. Email listings and renewals to editor@bscl.org.

Pet Sitting: Colin and Emmett (5th-6th grades) are happy to pet sit for your cats or other small animals. Sorry, no dog sitting at this time. We have experience with fostering and pet sitting animals. call (703)474-2691 and ask for Colin and Emmett or email Lauren.alyssa@gmail.com.

Barcrofter Loki Mulholland Books and Movies: His complete works available (save shipping costs!) and timely, especially the movies dealing with voting and institutional racism. Several kids books too. Great for gifts. Call and come by: Joan Mulholland, 501 South Taylor Street, 703-979-4719. Pay by cash, check, or Venmo.

Kyle's Lawn Care: Mowing, trimming, mulching, gardening and other various lawn maintenance. Call: 571-255-9034 or email: kylepboll@gmail.com. •

The Year Begins at Our Savior Lutheran School

Students at Our Savior Lutheran School have had a great start to the year, especially in science. First graders spent time planting a green bean garden as part of their life science unit and 3rd grade, as part of their plant life unit, planted bean, cilantro, and radish seeds in their classroom and still continue to watch them grow. Sixth grade is enjoying learning about earthquakes and volcanoes, while 7th grade focuses on cells, and 8th grade in geography class is exploring the Earth and space.

We also have students across the middle school who are practicing sending emails in technology class. Our fifth graders have been reading the book "Wonder," and

have been discussing character traits. They are now working on a kindness project related to their book. And our Kindergarteners through third graders celebrated International Dot Day with a special art project incorporating dots. What a great start to the year! •



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Barcroft School and Civic League
800 South Buchanan Street
Arlington, VA 22204



Neighborhood Shredding Event!
Mark your calendars for October 8th
from 10 AM to 1 PM



Location: Arlington Forest Shopping Center 4821 1st St N

The mobile shredding truck can hold up to 10,000 pounds of paper.

What is allowed: They can shred paper clips, binder clips, staples, butterfly clips, spiral notebooks, notebooks with a binding spine, metal-tabbed hanging folders, and the thin metal strips that are on presentation folders along with your paper.

What is not allowed: They cannot shred cardboard, x-rays, or CDs along with the paper as it will contaminate and dilute the paper load causing the recycler to not accept it. They cannot shred three-ring binders as the metal spine and the rings are too much for the shredder.

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